# **Bajefoot**Trainers

#### Who we are

- Earefoot Trainers is a learning and development organisation, providing training and coaching across a range of leadership and interpersonal skills.
- We provide challenging and thought provoking sessions with a friendly, relaxed and fully interactive approach in order to deliver the quality of service you would expect.



#### Why Barefoot Trainers?

We provide challenging programmes that get the right results.

Programmes are delivered in a fun and engaging way, in an atmosphere of trust and mutual respect.

We treat everything in the strictest of confidence, and as such, have long lasting, professional relationships with our clients.





#### Barefoot Experience



#### www.barefoot-trainers.com

# At barefoot trainers we believe that people should be happy at work!

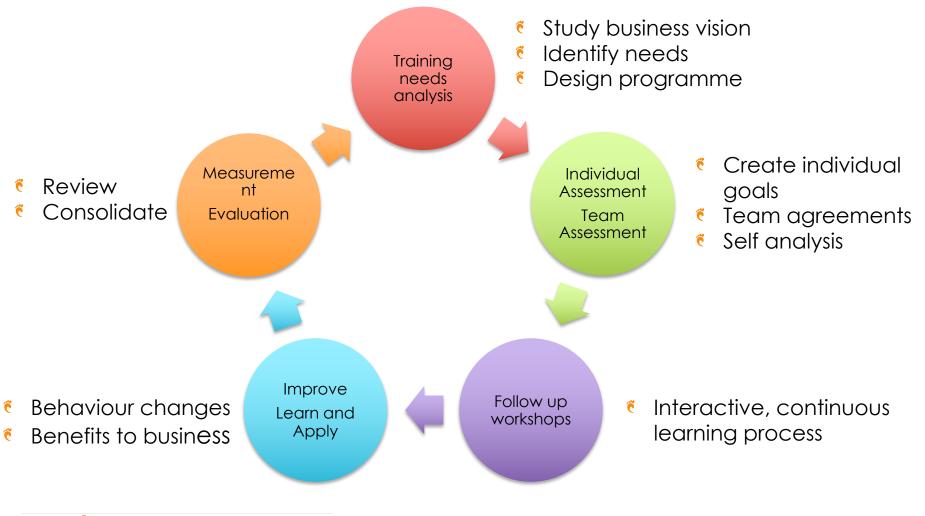


• Key Questions to consider before doing any training programme:

What do you expect to get out of the planned activity?
What benefits will there be for the organisation?
What outcomes or results will be achieved?
What improvements are expected?
When do you expect to see improvements?
How will they make a contribution to organisation performance?



#### The Barefoot Journey



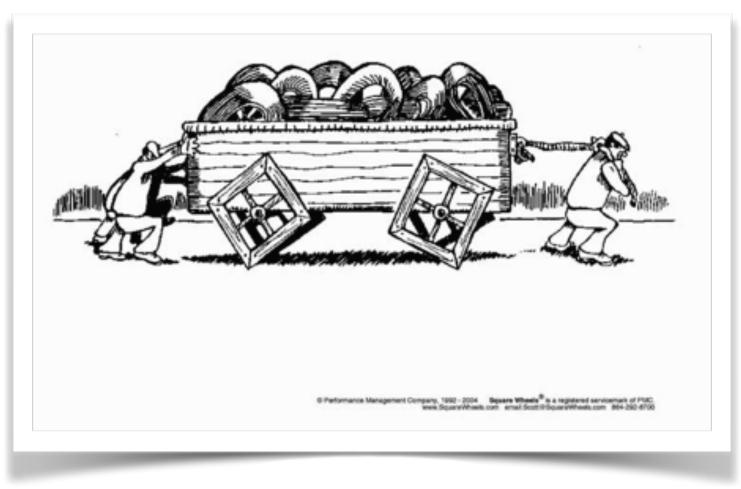
#### **Bacefoot**Trainers

#### Leadership Training Programme





#### Leadership Training Programme





#### Our 8 step programme





#### Our 8 step Programme:

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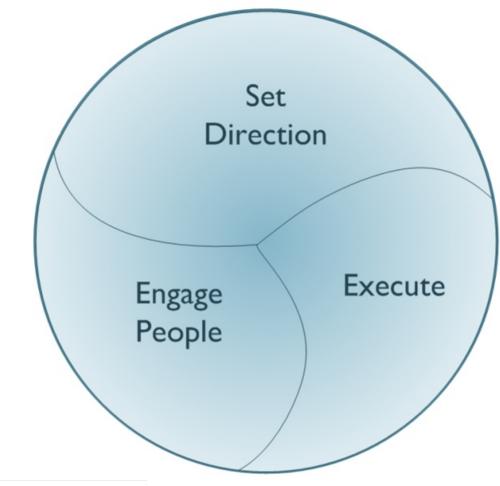


**Bacefoot**Trainers

## Understanding you & your team

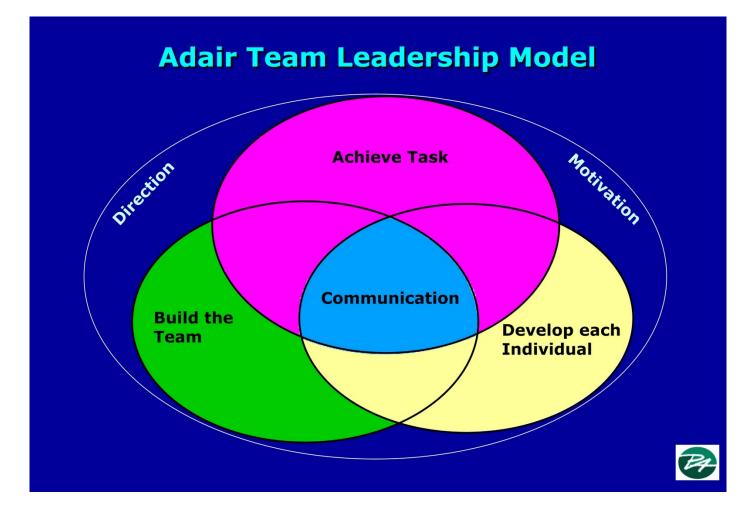


#### Systematic Leadership



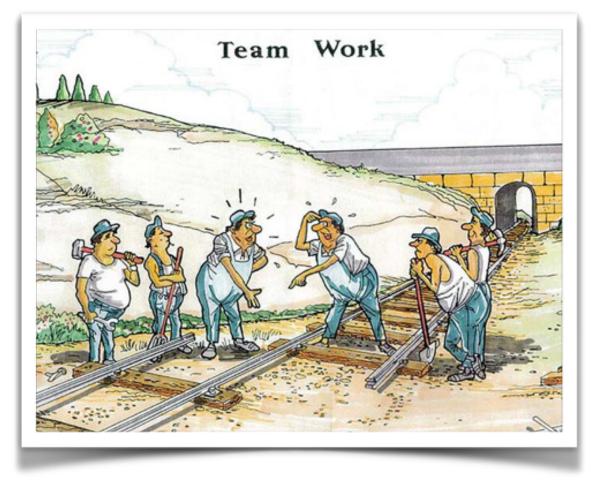


#### Leadership with Style





#### Inspired Teamwork





#### A ditti on teamwork

There are four people named, Everybody, Somebody, Anybody and Nobody.

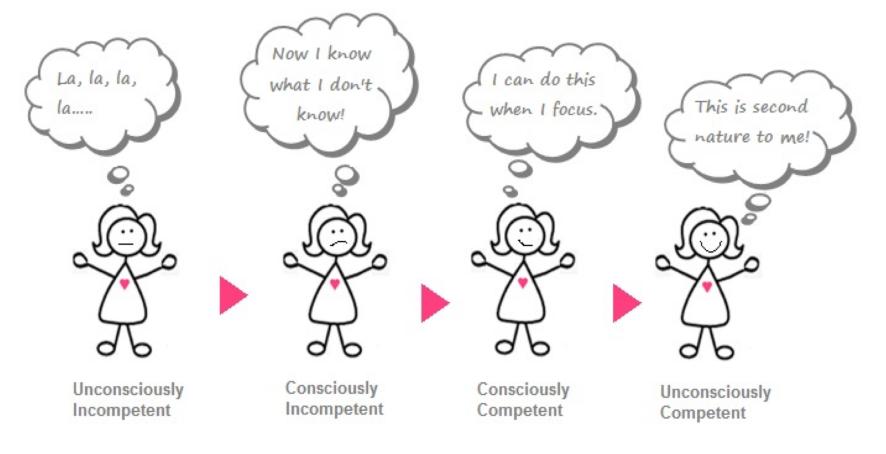
There was an important job to be done and Everybody was sure Somebody would do it. Anybody would have done it, but Nobody did it. Somebody got angry about that because it was Everybody's job. Everybody thought Anybody could do it but Nobody realised that Everybody wouldn't do it. It ended up that Everybody blamed Somebody when nobody did what Anybody could have done.

Source unknown



#### Enhancing Talent

#### **The Competence Spectrum**





## Managing for Performance

Food for thought.....

• A CIPD study into British and employees and their attitudes found, rather shockingly, that:

6 33% of employees considered that they rarely or never got feedback on their performance

6 40% of employees felt their work didn't matter or was of little importance

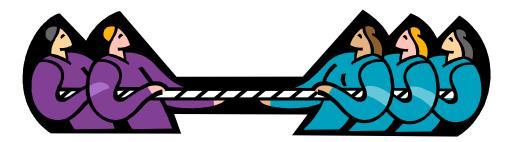


#### Workplace Stress

"There is a clear distinction between excessive pressure, which can create a 'buzz' and be a motivating factor, and stress, which can occur when this pressure becomes excessive"

**Bacefoot**Trainers (Health and Safety Executive)

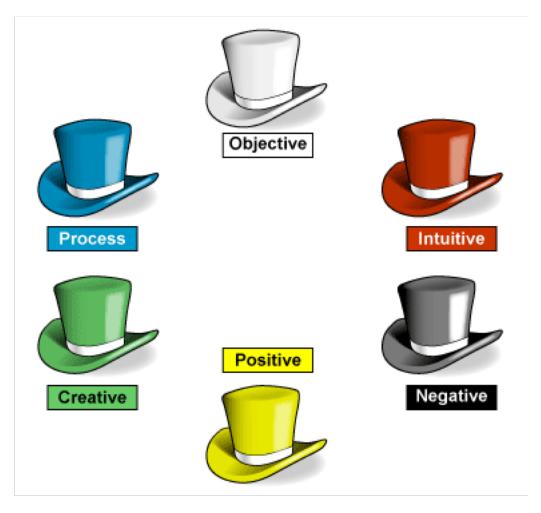
## Managing Change



Unless resistance can be overcome change will never take place.



#### De Bono's 6 Thinking Hats





#### As a result of this

- You will have the skills, knowledge and capability to lead a high performing team.
- You will be able to demonstrate good leadership behaviours that can be learnt by others.
- You will have engaged employees creating a productive and exciting place to work.
- Results are achieved in a more economical way, saving on human resources.
- You will have a confident and driven workforce, working in harmony to achieve your organisational goals.



Our philosophy is built on the belief that companies who invest in their managers and teams have motivated and engaged employees, creating a productive and exciting place to work whilst delivering great results.





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